

CONGRESS PROGRAM

7TH INTERNATIONAL FASCIA RESEARCH CONGRESS



New Orleans, Louisiana
August 10-14, 2025

HOSTED BY



**FASCIA
RESEARCH
SOCIETY** SM



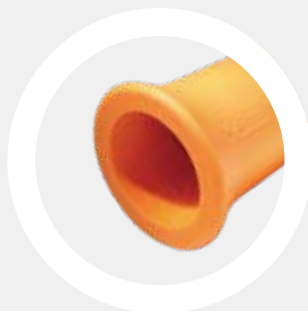
BellaBambi®

CUPPING FOR FACIAL NEEDS

HYDRATION SHEARING CROSSLINKS PAIN



Moldable Silicone



Peeling Edge



Ergonomic Shape



Trigger Pointer



**THREE SIZES
FOUR INTENSITIES
MADE IN GERMANY**

www.bellabambi.com



On behalf of the Fascia Research Society, the Scientific and Organizing Committees, and our generous sponsors and partners, we are delighted to welcome you to the 7th International Fascia Research Congress.

Held in the heart of historic New Orleans, this year's Congress continues our shared mission to advance the science and practice of fascia. We are honored to bring together researchers, clinicians, educators, and movement professionals from around the world for a dynamic program of keynote lectures, parallel scientific sessions, poster presentations, and hands-on workshops.

New in 2025, is an expanded focus on interdisciplinary exchange, where movement, manual therapy, clinical science and the arts come together to illuminate fascia from multiple perspectives. This year's program highlights groundbreaking research in connective tissue biology, pain mechanisms, matrix remodeling, biomechanics, anatomy, clinical application, and fascia-informed approaches to therapy and movement. We hope the program inspires new insights and connections across fields and disciplines.

We are especially excited to welcome both familiar faces and new participants to this unique gathering. Whether you are here to present your work, explore new ideas, or deepen your practice, you'll find a supportive and engaged community ready to exchange ideas and engage in meaningful dialogue.

Throughout the Congress, you'll also have the support of our ambassadors. These are fellow attendees who have kindly volunteered to offer guidance, directions or a welcoming word to anyone needing assistance. Look for their identifying badges and feel free to reach out to them at any time.

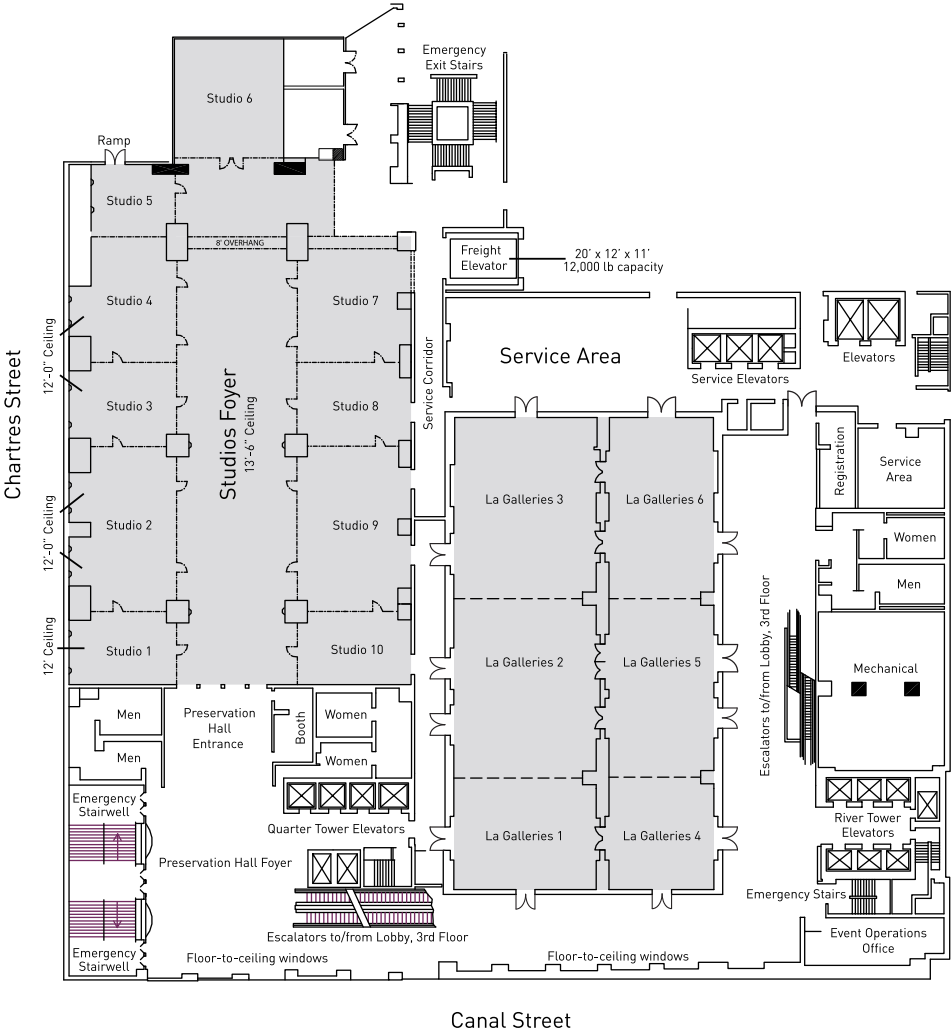
Our venue, the New Orleans Marriott, places you in the heart of a city renowned for its rich cultural heritage, music, cuisine, and warmth. We hope you'll find time to explore the lively neighborhoods and historic landmarks that make New Orleans truly unforgettable. We invite you to take full advantage of this unique gathering, not only to deepen your knowledge and professional growth, but also to enjoy the spirit, culture and warmth of New Orleans.

More than just a conference, the Fascia Research Congress is a celebration of our collective curiosity, dedication, and creativity. It's a place to reconnect, exchange ideas, and spark new collaborations that will continue to shape the future of fascia research and practice.

Thank you for joining us. We look forward to a truly memorable experience together.

Warmest wishes,
The Fascia Research Society Board of Directors
info@fasciaresearchsociety.org

Venue Map - 2nd Floor



Preservation Hall Foyer
Registration

La Galleries
Pre-Congress Workshops
Oral Presentations
Education Sessions
Hands-on Workshops

Venue Map - 3rd Floor

Bissonnet/Carondelet

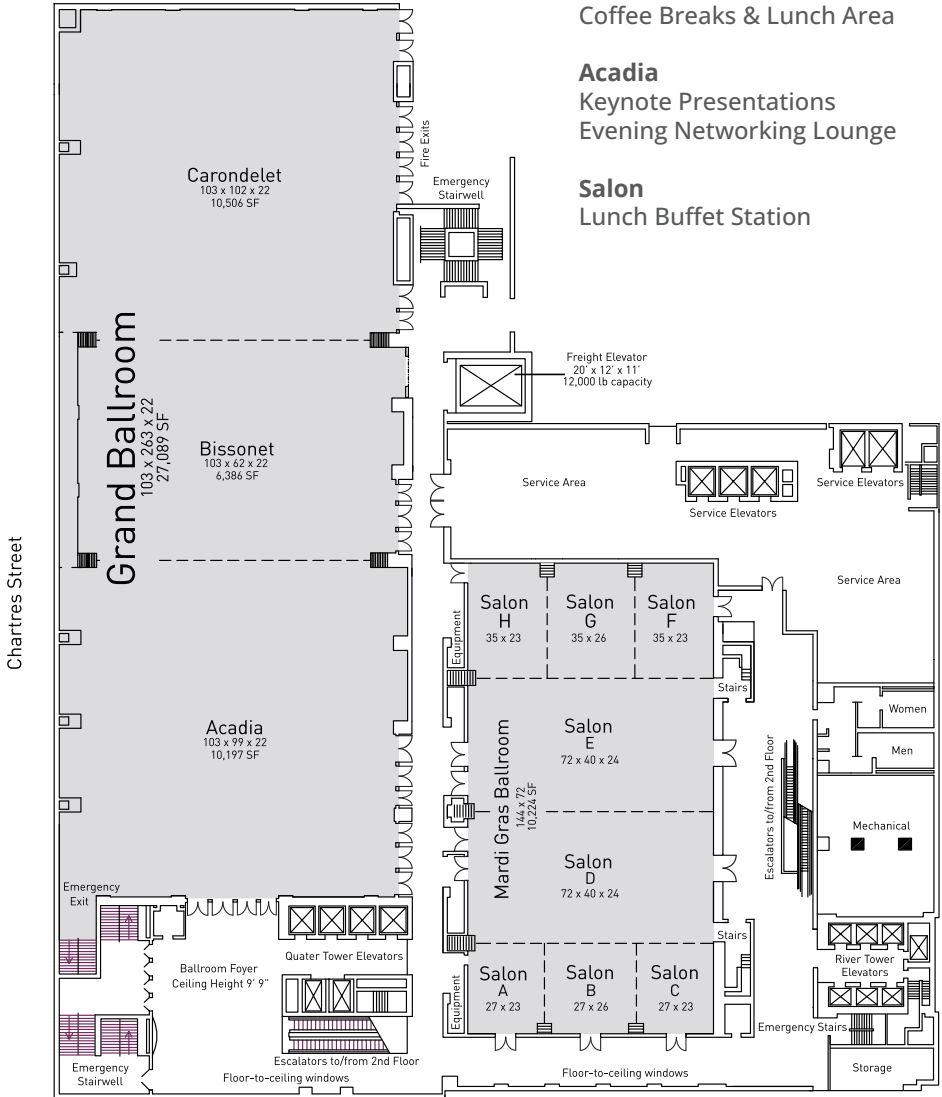
Opening Night Gala
Sponsors & Exhibitors
Poster Presentations
Coffee Breaks & Lunch Area

Acadia

Keynote Presentations
Evening Networking Lounge

Salon

Lunch Buffet Station



Canal Street

Sponsors

PLATINUM SPONSOR



PLATINUM SPONSOR



CONGRESS BAG SPONSOR



NOTEBOOK SPONSOR



FOUNDING SPONSOR



PUBLISHING SPONSOR



WEBSITE & PROGRAM GUIDE SPONSOR



Silent Auction at the Opening Night Gala

Sunday Aug 10 - 5:30 -7:30PM - Outside Acadia, 3rd Floor

Join us on Sunday evening for one of the highlights of the Opening Night Gala: our Silent Auction! Browse an exciting selection of items and experiences, generously donated by our fascia community and sponsors. From exclusive gifts to unique packages, there's something for everyone.

Bidding opens at 5:30PM and closes at 7:30 PM. Don't miss your chance to take home something special!

All proceeds support the work of the Fascia Research Society, helping to advance fascia research, education and global collaboration. Bid generously, and make a meaningful impact!

Task Force

This is a working group open to interested researchers, with the aim to form consensus guidelines. The task force groups will continue to meet online over the next 3 years.

Any researchers interested in joining a task force, please attend the relevant session for an initial discussion. Interested clinicians and practitioners will be able to apply for clinical task groups at a later stage.

Aug 11 5:00 - 5:45 PM	Acadia	FRECLS – Fascia Research Expert Consensus and Liaison Statement	Werner Klingler, Robert Schleip
Aug 12 5:00 - 5:45 PM	Acadia	Clinical Guidelines: Manual Therapy Approaches	Fabiana Silva, Tina Wang, Kyra De Coninck
Aug 12 5:00 - 6:00 PM	Galerie 3	Fascia in Oncology	Werner Klingler, Harry Bachmann, Erika Cyrus-Barker
Aug 13 5:00 - 5:45 PM	Acadia	Tool Assisted Soft Tissue Treatment and Self-treatment: Current Evidence, Current Practices, Towards Reaching A Consensus Statement	Kyra De Coninck, Fabiana Silva, Tina Wang
Aug 14 11 AM - 12 PM	Acadia	Integrating Fascia into Clinical Education	Tina Wang, Kyra De Coninck

Special Congress Events

Research Café			
Whether you're newly qualified or have been a practitioner for many years, this 1 hour session with Dr. Kyra De Coninck and Tracey Mellor will help you make sense of fascia research. Kyra and Tracey are researchers at the University of Kent and experienced practitioners in sports rehabilitation and Pilates.			
Aug 11 5:45 - 6:45 PM	Galerie 3	Research Café: How to find and read the latest research papers	Kyra De Coninck, Tracey Mellor
Aug 12 5:45 - 6:45 PM	Galerie 3	Research Cafe: Research skills for fascia practitioners: How to design your own research project.	Kyra De Coninck, Tracey Mellor

Hands-On Trade	
Open to all, an inclusive space to share and exchange manual therapy and movement therapy techniques, ideas, and insights.	
Aug 11	Galerie 1/2 - 6:45 PM - 7:15 PM (Ashley Black product demo)
Aug 11, 12, 13	Galerie 1/2 - 6:45 PM onward

Special Interest Groups			
SIGs are practitioner-driven, topic-specific gatherings designed to foster community around a shared area of expertise or passion. These one-hour sessions are informal, interactive, and often grounded in lived experience or professional practice. Rather than exploring broad themes, SIGs focus on specific modalities, populations, or frameworks, offering a space for attendees from every field to share resources, discuss real-world challenges, and connect with peers and other attendees who speak the same "clinical language."			
Aug 11 5:45 - 6:45 PM	Acadia	Biotensegrity	Fabiana Silva and Bruna Petito
Aug 12 5:45 - 6:45 PM	Acadia	Movement	Fabiana Silva and Elizabeth Larkam
Aug 13 5:45 - 6:45 PM	Acadia	Manual Therapy	Fabiana Silva and Carol Davis

Film
Wednesday, Aug 13 - 4:00 PM - 6:00 PM - Galerie 3 Mother of Fascia One Woman's Tireless Quest Through 20th Century Turmoil Film about Ida P. Rolf by Aleš Urbanczik; Followed by a Q&A Panel with Aleš Urbanczik and Eric Jacobson

Daily Networking Lounge: Relax, Connect, Engage			
Unwind in our exclusive Networking Lounge, a welcoming space to connect with fellow attendees and keynote speakers in a relaxed, social setting. Enjoy informal conversations and connections. For Marriott guests only. \$100 entry per night for non-Marriott guests.			
Aug 11 7:00 - 8:00 PM	Acadia	Melody and Verse: A Musical and Poetic Interlude	Gil Hedley and Rachel Scott
Aug 12 7:00 - 8:00 PM	Acadia	"I Like to Move It, Move It"	Christopher Rodousakis, Angela Dejagers, and Mike Edwards
Aug 13 7:00 - 8:00 PM	Riverview	Fasciategrity Dance Experience	FRS Dance Company Choreographer May Kesler

National Association of Myofascial Trigger Point Therapists Meetings		
Aug 12 5:00 - 6:00 PM	Galerie 1/2	NAMTPT Town Hall Meeting for all interested Congress attendees
Aug 13 5:00 - 6:00 PM	Galerie 1/2	NAMTPT Board Meeting for NAMTPT members only.

Photography and Filming

You are welcome to take photos and short videos for personal use or social media (and **we'd love you to tag us: @fasciaresearchsociety**), as long as you respect the preferences of others.

You can indicate your own photography preference by adding a small green or red camera sticker to your ID badge, available from the registration desk.

Please note: Taking photographs of and recording presentations is only allowed if the presenter displays a green camera icon. If no icon is visible, or a red icon is shown, photography or recording is not permitted.

Thank you for helping us maintain a respectful and inclusive environment.



NCBTMB* Approved Continuing Education Hours Manual Therapists/Certificates

Courtesy of NAMTPT for certain sessions for massage therapists.
No other Continuing Education Certificates are available for other professionals.

All attendees will receive a post-conference attendance certificate via email.

*National Certification Board for Therapeutic Massage & Bodywork

WIFI ACCESS

Network: FRC2025
Password: fasciaresearch



**MASSAGE &
MYOTHERAPY**
AUSTRALIA

The Association of Professional Therapists

Massage & Myotherapy Australia is the leading representative body for massage therapists, remedial massage therapists, and myotherapists Australia-wide, advocating for the industry at the government level. The Association offers comprehensive Continuing Professional Education (CPE) program, including an annual conference, an international virtual symposium, webinars, and in-person workshops across the country.

ENJOY MORE!



HALO
HEALTH AND LEARNING ONLINE



Timetable - Sunday, 10 August

PRE-CONGRESS WORKSHOPS

For Congress attendees only. Requires separate payment and registration. Go to frscongress.org for registration

9:00 AM - 12:00 PM	Galerie 5	Jill Miller	Body By Breath: An Experiential Anatomy Tour of Fascial Interfaces
	Galerie 3	Shannon Goossen	Functional NeuroMyoFascial Techniques: The Mover Stabilizer Model & Method™
2:00 PM - 5:00 PM	Galerie 5	Eric Franklin	Power & Flow: Fascial Imagery & Embodiment for a Strong, Resilient Pelvic Floor
	Galerie 3	Sue Hitzmann	The MELT Method Experience: Advancing Fascial Health Through Self-Care Science and Innovation
	Galerie 6	Andrzej Pilat	Myofascial Unwinding process in the concept of Myofascial Induction Therapy (MIT™)

OPENING NIGHT GALA

6 PM - 7 PM ACADIA BALLROOM 3rd Floor	Scientific Planning Committee Welcome Tina Wang (Vice President, Co-Chair) Kyra De Coninck (Co-Chair) President Address Fabiana Silva Keynote talk Robert Schleip Fascia as a Neuro-Immune Interface: Bridging Autonomic Regulation, Emotion, and Pain Modulation Graceful Tension - A Fascial Dance May Kesler, Anne Willet, Zach Wright, Laura Bergmann, Tina Wang <i>World premiere of a unique creative approach to researching fascia formation and motion through art, music, and dance with five of our Fascianista Dancers.</i> <i>Music - "Behind the Locked Gate" by Self core; "Bridge" by Owen Kelley, "Mondo" by Patrizio Castrovinci; Video Art- by David Kesler, architect and artist.</i>
7 PM - 8 PM BISSONET BALLROOM 3rd Floor	Opening Night Gala Drink Reception Silent Auction Gypsy Jazz Trio Band (sponsored by Fran Philip)

BACKED BY SCIENCE
DRIVEN BY RESULTS
INSPIRED BY YOU



FASCIA TOOLS
EDUCATION
RESEARCH
WHOLESALE
APP



Timetable - Monday, 11 August

AM Movement / Manual Therapy Sessions (optional)			
7:00 AM - 8:00 AM	Galerie 1/2	Karin Gurtner	Movement Fascia Movement: From Research to a Multidimensional Practice that Benefits Life
	Galerie 6	Elizabeth Larkam	Movement Oscillation Rejuvenation - fascia informed movement practice for clients with Long COVID, ME/CFS or chronic health conditions
	Galerie 3	Beth Beauchamp	Manual Therapy Surgical Scars - Effective Assessment & Treatment Techniques
	Galerie 5	Fabiana Silva	Manual Therapy Exploring the Connection Between Fascia and the Vagus Nerve
	Studio 9/10	Clare Frank	Movement Fascia Movement Flow & Dynamic Neuromuscular Stabilization

KEYNOTE PRESENTATIONS			
8:15 AM - 8:30 AM	Acadia	Scientific Committee	Morning Announcements
8:30 AM - 9:00 AM	Acadia	Carla Stecco	Superficial Fascia Alterations in Lipedema
9:00 AM - 9:30 AM	Acadia	Keith Baar	Connective Tissue Optimization: Getting Exercise and Nutrition Right

9:30 - 10:00 AM

Bissonet - Coffee Break

Acadia - Movement Break by Karin Gurtner (optional)

SCIENTIFIC ABSTRACTS - ORAL PRESENTATIONS			
Clinical Studies - Moderator Carol Davis			
10:00 AM	Galerie 3	Fascia & COVID-19	Angeli Akey, Nina Kucheran, Kelsea McMullen, Ryan Magee
10:00 AM	Galerie 3	Efficacy of Dynamic Brain Healing in Treating Persistent Concussion Symptoms: A Preliminary Case Series Study Analysis	Simone Fortier
Matrix Biology & Clinical Studies - Moderator Gabriel Venne			
10:00 AM	Acadia	Characterization of the Extracellular Matrix of Human Superficial and Deep Fascia	Claudia Clair, Caterina Fede, Carla Stecco
10:00 AM	Acadia	Fascia's Influence on Benign Paroxysmal Positional Vertigo (BPPV): From Thigh to Head	Luiz Carlos Slutzky, Graal Diaz, John Sharkey, Cathy Kim
10:00 AM	Acadia	Abnormal Fasciocyte Differentiation and Excessive Hyaluronan Deposition in Fibrotic Fascia Associated with Gluteal Muscle Contracture Disease	Danling Wang, Zongchao Li, Weizhi Zhao, Liangjun Li
Imaging & Biomechanics Studies - Moderator Shwufen Wang			
11:10 AM	Acadia	Multimodal Ultrasound Imaging and Radiomics Reveal Structural and Functional Changes to the TLF in Individuals with Low Back Pain	Georgina Flynn-Smith, Alicia Roldan, Julianne Wood, Per Gunnar Brolinson, David Redden, Albert Kozar, Vincent Wang
11:10 AM	Acadia	Novel Anisotropic Analogue of the Thoracolumbar Fascia	Christopher Raczek, Mark Driscoll
11:10 AM	Acadia	In Vivo Detection of the Lumbar Intraforaminal Ligaments by MRI	Jeanette Henkelmann, Anna Völker, Hanno Steinke, Christoph-Eckhard Heyde, Timm Denecke

Timetable - Monday, 11 August

HANDS ON WORKSHOP			
Animal Fascial Therapy - Moderator Werner Klingler			
10:00 AM	Galerie 5	The animal in us: Improving performance, rehabilitation and pain-management in and with animals.	Werner Klingler, Doris Timmann, Michele Broadhurst
10:30 AM	Galerie 5	New tests and treatment points for the Canine Myofascial Kinetic Lines.	Vibeke Elbroend, Tove Due
ELDOA - Moderator Bruna Petito			
10:00 AM	Galerie 6	An introduction to Dr. Guy Voyer's ELDOA exercises: using global fascial tension to create joint specific health	Angie Campbell
10:30 AM	Galerie 6	Eldoa™, Fascia In Movement	Laura Masserdotti
Female Health / Cancer - Moderator Werner Klingler			
11:10 AM	Galerie 5	The Role of Fascia in the Rehabilitation of Diastasis Recti and Pelvic Floor Dysfunction	Kate Strozak, Carolyne Anthony
11:40 AM	Galerie 5	The Role of Fascia in Oncology	Werner Klingler

12:10 PM - 1:00 PM Bissonet - Lunch

SCIENTIFIC ABSTRACTS - ORAL PRESENTATIONS			
Clinical Studies & Anatomy - Moderator Fabiana Silva			
1:00 PM	Acadia	Fasciatherapy and the Management of Chronic Low Back Pain: A Randomized Cluster Study	Isabelle Bertrand, Cyril Dupuis, Bruno Pereira, Celine Lambert, Christian Courraud
1:00 PM	Acadia	Can We Palpate the Psoas Major Muscle? Analysis of Manual and Tool-Assisted Palpation Using MR Imaging; a Pilot Study	Christopher DaPrato, Emma Bahroos, Richard Souza
1:00 PM	Acadia	Clinical Perspectives of Sensorial Gymnastics: A Review of Eight Exploratory Studies	Hélène Bourhis, Isabelle Bertrand, Anne Lieutaud

SCIENTIFIC ABSTRACTS - ORAL PRESENTATIONS			
Fascia, Exercise & Movement - Moderator Kyra De Coninck			
1:00 PM	Galerie 3	Functional Closed Kinetic System Exercises as a Novel Approach to Alleviating Primary Dysmenorrhea: A Case Series	Cathy Kim, Luiz Carlos Slutzky, John Sharkey, Graal Diaz
1:00 PM	Galerie 3	Single Treatment Points for Each of the Human Myofascial Meridians Earlier Described by Thomas Myers in the Book "Anatomy Trains"	Tove Due
1:00 PM	Galerie 3	Fascia from a Dancer and Physical Therapist's Experience	Anna Lloyd Willett, May Kesler
Clinical Studies & Biology- Moderator Carla Stecco			
2:10 PM	Galerie 3	Effectiveness of Focal Shockwave Therapy on Myofascial Tissue in Patients With Non-specific Low Back Pain	Federico Giordani, Hannes Muller Ehrenberg, Carla Stecco, Richard Stange
2:10 PM	Galerie 3	Focused Shockwaves for the Diagnosis of Myofascial Pain Syndrome by Examining Myofascial Trigger Points in Low Back Pain	Hannes Müller-Ehrenberg, Federico Giordani
2:10 PM	Galerie 3	A Novel Fascial Mapping of Muscle Spindles Distribution: Insights from Murine Model Study	Yunfeng Sun, Xiaoxiao Zhao, Carla Stecco
New Hypotheses & Experimental Research Methods - Moderator Mark Driscoll			
2:10 PM	Acadia	Thoracolumbar Fascia Gliding as Biomarker for Low Back Pain: A Deep Learning Based Quantification	Lorenza Bonaldi, Chiara Giulia Fontanella, Carmelo Pirri, Carla Stecco, Maria Francesca Uccheddu
2:10 PM	Acadia	Biomechanical Characterization of Porcine Thoracolumbar Fascia for Improved Composite Material Modelling.	Emilie Davignon, Mark Driscoll
2:10 PM	Acadia	Exploration of Influence of the Thoracolumbar Fascia and the Abdominal Cavity on Spine Stiffness and Load Sharing During Flexion Movements	Mark Driscoll; Siril Teja Dukkupati

Timetable - Monday, 11 August

HANDS ON WORKSHOP			
Treatment Modalities - Moderator Fran Philip			
1:00 PM	Galerie 6	The use and benefits of focused shockwaves for myofascial pain	Hannes Muller Ehrenberg, Federico Giordani
1:30 PM	Galerie 6	Clinical Research Report on the Intricate Application of Dry Needling in Eliciting Trigger Points Local Twitch Response (TP-LTR) in the Upper Trapezius (UT) Region	Masahiro Takakura
Fascial Layers - Moderator John Sharkey			
1:00 PM	Galerie 5	Exploring Interlayer Motion and Structural Dependencies	Wojciech Cackowski
1:30 PM	Galerie 5	Recycling of Gravity and Ground Reaction forces improves Fascial movement slide and glide between fascial layers	Michelle Wald, Judith Aston
Lymphatic System - Moderator Kirstie Seggara			
2:10 PM	Galerie 5	PALM (Palpation, Acupressure, and Lymphatic Massage) for Inflammation & Pain Relief	Jocelyn W. Cowie
2:40 PM	Galerie 5	Fascia and the lymphatic system in practice: hands on session	Fabiana Silva
Low Back Pain - Moderator Chris Rodousakis			
2:10 PM	Galerie 6	Sensory Fascia Training for Low Back Pain Management	Christian Courraud, Isabelle Bertrand
2:40 PM	Galerie 6	Novel Approaches to Low Back Pain: Research aspect: Thoracolumbar Fascia Microstructure and Low Back Pain: Insights from Quantitative Ultrasound Homodyned K Distribution Statistical Modeling Therapeutic aspects: Remote care techniques for low back pain through fascia chains	Norio Tomita

Timetable - Monday, 11 August

3:10 PM - 3:40 PM Acadia
 Panel Discussion: Carla Stecco, Robert Schleip, Keith Baar
 Moderator: Werner Klingler

3:40 PM - 4:00 PM Bissonet - Tea Break

Discussion Groups			
Join one of these expert-guided, interdisciplinary discussions exploring big-picture questions and emerging ideas across the fascia field. Choose the one that sparks your curiosity each day.			
4-5 PM	Galerie 3	Links Between Fascia, Energy, Interoception and Consciousness	Carol Davis
4-5 PM	Galerie 5	Fascial Considerations for Sport Rehabilitation and Performance	Sue Falsone
4-5 PM	Galerie 6	Hypermobility and Fascia	Tina Wang
4-5 PM	Acadia	Pathophysiology of Fascia	Antonio Stecco

5:00 PM - 5:45 PM Acadia
 Task Force (see Special Congress Events)

5:45 PM - 6:45 PM Galerie 3
 Research Cafe (see Special Congress Events)

6:45 PM onwards Galerie 1/2
 - Hands-On Trade (see Special Congress Events)
 - Ashley Black Product demo

7:00 PM - 8:00 PM Acadia
 Networking Lounge (see Special Congress Events)



**Dr. Ida Rolf
Institute®**

We hold to higher standards

**BRIDGING
RESEARCH
& CLINICAL
PRACTICE**

SUPPORTING THE FASCIA RESEARCH CONGRESS FOR CLINICAL PRACTICE & WHOLE BODY SCIENCE.

The Dr. Ida Rolf Institute® is the original school of Structural Integration. For over 50 years, we've supported Structural Integration research that informs clinical practice and expands understanding of fascia, human movement, and the body as an integrated whole.

We're proud to support the Fascia Research Congress and its role in bridging science and bodywork.



Explore our research legacy
rolf.org/research-latest

rolf.org

**A FOUNDING SPONSOR
OF THE FASCIA RESEARCH
CONGRESS SINCE 2007.**

Timetable - Tuesday, 12 August

AM Movement / Manual Therapy Sessions (optional)			
7:00 AM - 8:00 AM	Galerie 1/2	Jo Phee	Movement Yin Yoga: The Science Behind Static Stretching
	Studio 9/10	Bruna Petito, Chris Morita Clancy	Movement Biotensegrity and Fascial Health
	Galerie 3	Kyra De Coninck	Movement Seeing Structure, Feeling Function: Thoracolumbar Fascia Adaptations: From Ultrasound Imaging to Embodied Insights.
	Galerie 5	Michaela Liedler, Daniel Gosch-Maier	Manual Therapy The Liedler-Concept: Treatment of postsurgical scars, fascial and peritoneal adhesions
	Galerie 6	Carol Davis	Manual Therapy "I Feel Your Pain" - Science, Fascia and Empathy or Therapeutic Presence - Is There a Link?

KEYNOTE PRESENTATIONS			
8:15 AM - 8:30 AM	Acadia	Scientific Committee	Morning Announcements
8:30 AM - 9:00 AM	Acadia	Neil Theise	The Fascial System and Its Interstitium
9:00 AM - 9:30 AM	Acadia	Mark Driscoll	Beyond Muscles and Bones: Understanding Fascia's Role in Spine Biomechanics and Health

9:30 - 10:00 AM

Bissonet - Coffee Break

Acadia - Movement Break by Erin Tietz (optional)

Timetable - Tuesday, 12 August

Education Lecture Sessions				
Fascial Imaging & Assessment - Moderator Shwufen Wang				
10:00 AM	Galerie 5	Assessment and Biofeedback Training of Deep Muscles Using Ultrasound Imaging	Shwu-Fen Wang, Kuan-Yin Lin	Fascial Imaging & Assessment
Clinical Applications & Therapeutic Interventions - Moderator Werner Klingler				
10:00 AM	Galerie 6	Unlocking Healing: Myofascial Release and Manual Lymph Drainage for Inflammation and Connective Tissue Disorders	Linda-Anne Kahn	Clinical Applications & Therapeutic Interventions
10:30 AM	Galerie 6	Scar Tissue – Not Breakable, However (Potentially) Preventable and Changeable.	Catherine Ryan	Clinical Applications & Therapeutic Interventions
Integrative Approach - Moderator Tracey Mellor				
11:10 AM	Acadia	Rheological Properties of Fascia	Sneha Krishna	Integrative Approach
11:40 AM	Acadia	Rebalancing the Body's Fascial Network: My Discoveries After a Decade of Gentle Healing with Fascia Reset Therapy.	Susan Stone	Integrative Approach

Timetable - Tuesday, 12 August

Education Lecture Sessions				
Fascial Knowledge & Education - Moderator Antonio Stecco				
11:10 AM	Galerie 3	Why General Practitioners Need Fascial Knowledge	Anna Davenport	Fascial Knowledge & Education
11:40 AM	Galerie 3	Advancing Myofascial Pain Syndrome Definitions and Diagnostic Criteria: An International Multidisciplinary Delphi Consensus Study	Antonio Stecco, John Srbely	Fascial Knowledge & Education
Treatment Approaches - Moderator Gabriel Venne				
11:10 AM	Galerie 5	Revolutionizing Fascial Treatments Through Acupuncture Correspondences	Bamboo Iliana	Treatment Approaches
11:40 AM	Galerie 5	Fascial Manipulation in the Management of Nocturnal Leg Cramps: The Role of the Hyaluronan Hypothesis of Muscle Stiffness	Lawrence Steinbeck	Treatment Approaches
Female Health - Moderator Alison Slater				
11:10 AM	Galerie 6	Managing Urinary Issues	Colleen Whiteford	Female Health

12:10 PM - 1:00 PM Bissonet - Lunch

SCIENTIFIC ABSTRACTS - ORAL PRESENTATIONS			
Clinical Studies - Moderator Antonio Stecco			
1:00 PM	Acadia	Effect of Pelvic Floor Fascial Mobilization on Pelvic Floor Dysfunction in Multiparous Pregnant Women - A Randomized Pilot Study	Sivan Navot, Eliezer Carmeli, Aya Mohr Sasson, Israel Hendler, Leonid Kalichman
1:00 PM	Acadia	The Effectiveness of Movement Control Exercises and Fascial Manipulation on Disability for Chronic Low Back Pain - Preliminary Results of a Randomized Controlled Trial	Peetu Robert Rytkönen, Jani Takatalo, Markus Metsäranta, Tiina Lahtinen-Suopanki, Kari Niemi, Jaro Karpinen
1:00 PM	Acadia	Beyond Alignment: Fascial Dynamics and Biotensegrity in Transient Scoliosis - A Case Report	Bruna Petito
Imaging Studies - Moderator Tracey Mellor			
1:00 PM	Galerie 3	Comparing the Agreement Between a Handheld and Cart-Based Ultrasound Device on Assessing Thickness and Echogenicity of the Thoracolumbar Fascia	Claire Melanie Boucher, William Gowers, James Monty, Philip Bright, Kyra De Coninck
1:00 PM	Galerie 3	Ultrasound Measurements of the Thoracolumbar Fascia: Does Position Matter?	Tracey Mellor, Kyra De Coninck
1:00 PM	Galerie 3	Analysis of the Fascia in the Axillary Region: Evaluation of Dissection Results and Magnetic Resonance Imaging (MRI)	Szymon Kopko, Ewelina Chilinska-Kopko, Zofia Dzieciol-Anikiej, Radosław Zawadzki, Justyna Klimek, Janusz Dzieciol

SCIENTIFIC ABSTRACTS - ORAL PRESENTATIONS			
Clinical Studies - Moderator Tina Wang			
2:10 PM	Acadia	Fascial Changes in Ehlers-Danlos Syndromes With and Without Axial Spondyloarthritis	Ana Serrano, Tina Wang
2:10 PM	Acadia	Resistance Exercises are Associated with Increased Tendon Stiffness in Hypermobile Ehlers-Danlos Syndrome	Kentaro Onishi, Tina Wang
2:10 PM	Acadia	The Intersection of Hypermobile Ehlers-Danlos Syndrome and Fascial Disorders: A Focus on Adipose Tissue Dysfunctions	Rebecca Joyce, Tina J Wang, Jane R. Schubart, Wendy Wagner, Susan E. Mills, Clair A. Francomano
Clinical Studies - Moderator Kyra De Coninck			
2:10 PM	Galerie 3	Long-Term Efficacy Of Fascia Endoscope Technique Improve Symptoms Of Rheumatoid Arthritis	Yu Bai, Mingling Liu
2:10 PM	Galerie 3	Effectiveness of Deep Cervical Fascial Manipulation® and Sequential Yoga Poses on Pain and Function in Individuals With Mechanical Neck Pain: A Randomized Controlled Trial	Prabu Raja G
2:10 PM	Galerie 3	Ultrasound Imaging of the Thoracolumbar Fascia in a Wide Range of People With and Without Lower Back Pain.	Kyra De Coninck

Timetable - Tuesday, 12 August

HANDS ON WORKSHOP			
Manual Therapy - Moderator Christian Courraud			
1:00 PM	Galerie 6	Design and Development of a 3D-Printed Anatomical Educational Tool: Interactive 3D Kinetic Models for Understanding Fascia and Simulating Fascial System Dynamics in Pelvic Anatomy and Women's Health	Georgia Victor
1:30 PM	Galerie 6	Finding the Fulcrum in the Matrix: An Osteopathic Approach to Fascial Release within the Bioelectrical Context	Megan Brooks, Nicole Wong, Lisa DeStefano
Mapping Myofascial Pathways - Moderator Marc Ellis			
1:00 PM	Galerie 5	Assessment and Treatment of Somatotopic Maps: The Impact on Myofascial Force Transference in Postural Distortion and Pain.	Marc Ellis, Sophie Hose, James Wright
1:30 PM	Galerie 5	Workshop in new tests and treatment of the myofascial meridians in humans using specific points.	Tove Due, Rikke Schultz
Myofascial Pain - Moderator Til Luchau			
2:10 PM	Galerie 6	Movement patterning of vertical loading and lateral shift, and its role in myofascial pain syndromes of the pelvis and lower extremity	Ronald Lavine, Martha Eddy
2:40 PM	Galerie 6	Treating Myofascial Pain Syndrome(MPS) by utilizing therapies aimed at hyaluronic acid(HA) self-regulation, and promoting fascia and muscle tissue repair	Clifford Wong
1 hr National Association Myofascial Trigger Point Therapists (anyone can attend)			
2:10 PM	Galerie 1/2	Combining Trigger Point Self-Treatment and Fascia Release	Amber Davies

3:10 PM - 3:40 PM Acadia
 Panel Discussion: Neil Theise, Mark Driscoll
 Moderator: Carla Stecco

3:40 PM - 4:00 PM Bissonet - Tea Break

Timetable - Tuesday, 12 August

Discussion Groups			
Join one of these expert-guided, interdisciplinary discussions exploring big-picture questions and emerging ideas across the fascia field. Choose the one that sparks your curiosity each day.			
4-5 PM	Acadia	Contraindications for Deep Fascial Work	Gil Hedley
4-5 PM	Galerie 3	Putting Fascial Research Into Practice: How Does What We're Learning Change What We're Doing?	Til Luchau
4-5 PM	Galerie 5	From The Lab To The "Gab"... Translating Fascia Science for General Population Comprehension	Jill Miller
4-5 PM	Galerie 6	Measuring Fascia using ultrasound: The Good, The Bad, and The Quite Difficult!	Kyra De Coninck

- 5:00 PM - 5:45 PM Acadia, Galerie 3
Task Force (see Special Congress Events)
- 5:45 PM - 6:45 PM Galerie 3
Research Cafe (see Special Congress Events)
- 6:45 PM onwards Galerie 1/2
- Hands-On Trade (see Special Congress Events)
- 7:00 PM - 8:00 PM Acadia
Networking Lounge (see Special Congress Events)

Anatomy Lab

Join us for an immersive 5-day anatomy lab designed to deepen your understanding of the morphology of the superficial, deep, and visceral fasciae. Through hands-on dissection, participants will explore the structural relationships between fascia, muscles, nerves, vessels, and organs.

The course includes focused lectures that connect anatomical insights with clinical applications, followed by guided personal dissection sessions led by renowned anatomist Prof. Carla Stecco. This unique learning opportunity is open to all interested professionals, no clinical therapy license is required to register.



www.fascialmanipulation.com

info@fascialmanipulation.com

Fascial Manipulation® School

The 3 years hybrid School curricula includes:

- On-line pre-recorded lessons: divided into 24 parts of about 5 hours each.
- Live webinars: 24 webinars on specific clinical topics and interactive discussions.
- On site hands-on: 9 on-site classes of 5 days each in Padua (Italy): 4 days of practice and 1 day of internship or anatomical dissection.

At the end of the third year, the diploma and the "Certified Fascial Manipulation® Specialist" title will be achieved.



Fascial Manipulation® human courses

LEVEL I: 6 days on site or 3 days hybrid.

Stecco's biomechanical model for the human fascial system and Centers of Coordination

LEVEL II: 6 days on site or 3 days hybrid

Retinacula anatomy and Centers of Fusion for proprioceptive dysfunction and complex movements.

LEVEL III: 5 days on site or 3 days hybrid

Inner fasciae and treatment modality for internal and global dysfunctions

LEVEL IV: 4 days on site or 3 days hybrid

Superficial fascia and internal paravertebral and prevertebral ganglia for systemic dysfunctions.



www.fascialmanipulation.com

info@fascialmanipulation.com

Fascial Manipulation® animal courses

These courses present the equine and canine fascial system in order to apply the Fascial Manipulation® method as taught by Stecco.

LEVEL I: 4 days on site or 3 days hybrid.

Stecco's biomechanical model for the musculoskeletal system and Centers of Coordination

LEVEL II: 4 days on site or 3 days hybrid

Centers of Fusion for proprioceptive dysfunction and complex movements.

LEVEL III: 4 days on site or 3 days hybrid

Myofascial apparatus and visceral disorders



Timetable - Wednesday, 13 August

Platinum Sponsorship Industry Symposium

7:00 - 8:00 AM -Acadia

Tool-assisted Fascial Therapy and Self-treatment: Bridging Science and Innovation

Ashley Black, the creator of the FasciaBlaster®, will join Dr. Kyra De Coninck, a fascia researcher and expert in soft tissue therapies from the University of Kent, UK, for an in-depth discussion on tool-assisted manual therapy and self-treatment strategies for managing fascia-related pain and dysfunction. Their conversation will examine the intersection of fascial treatment innovation and current research, including an examination of tool-assisted treatment methods and the latest scientific evidence.

AM Movement / Manual Therapy Sessions (optional)

7:00 AM - 8:00 AM	Galerie 5	Edward Stiles	Manual Therapy Practical Application of the AGR-H/Sequencing Screening Exam in Optimizing Motor Control
	Galerie 3	Francesca Philip	Movement Fascia & Aging
	Galerie 6	Christopher Rodousakis	Movement Fascial Remodeling: Why Mechanostimulation and Neuromuscular Activation Drills Are Vital Precursors to Exercise
	Galerie 9/10	Laura Bergmann	Movement/Manual therapy A Fascial Approach to Recovery: Post-Mastectomy and Postpartum Alignment Strategies

KEYNOTE PRESENTATIONS

8:15 AM - 8:30 AM	Acadia	Scientific Committee	Morning Announcements
8:30 AM - 9:00 AM	Acadia	Antonio Stecco	The Biomechanics of the Fascial System
9:00 AM - 9:30 AM	Acadia	Gil Hedley	The Vagus Nerve in Context

Timetable - Wednesday, 13 August

9:30 AM -

Bissonet - Coffee Break

10:00 AM

Acadia - Movement Break Heike Oellerich, Miriam Wessels

Hands-on Workshops			
Nervous System Regulation - Moderator Jill Miller			
10:00 AM	Acadia	Diaphragm Dialogue: A SMFR Exploration Linking Fascia, Breath, and the Nervous System	Jill Miller
10:30 AM	Acadia	Downregulation of the Sympathetic Nervous System	Jeanne Vadnais, Kirstie Segarra
Nervous System Regulation - Moderator Gil Hedley			
10:00 AM	Galerie 3	Therapeutic Movement: Integrating Self-Myofascial Release, Somatic Practices, and Nervous System Education for Transformative Health	Lisa Loiseau
10:30 AM	Galerie 3	Nervous system resilience through somatic release: An experiential exploration with the Dural Fascial Kinetic Chain	Satya Sardonicus
Superficial Fascia - Moderator - Albert Kozar			
10:00 AM	Galerie 5	Addressing Rotational and Torsional Superficial Fascial Restrictions in the Lower Extremity Sleeve.	Steven Goldstein
10:30 AM	Galerie 5	Introduction to assessment of dermal-fascial densifications (DFDs) through DFR®	Paul Mettler, Jeff Schroder, Anil Joseph
1hr National Association Myofascial Trigger Point Therapists			
10:00 AM	Galerie 1/2	Improving Treatment Outcomes! Adding Percussive Techniques to Manual Therapy Sessions	Mary Biancalana, Julie Zuleger

Timetable - Wednesday, 13 August

Hands-on Workshops			
Somatic Therapy - Moderator Tracie Eckel			
11:10 AM	Acadia	Being Bodyful: Do you know where you live in your body?	BetsyAnn Baron
11:40 AM	Acadia	Health Laboratory. The spiral of birth and fascia	María Ángeles Ruiz Chicharro
Somatic Therapy - Moderator Karin Gurtner			
11:10 AM	Galerie 3	Listen to your body: Interoceptive Awareness with Qi Gong	Amaia Imizcoz
11:40 AM	Galerie 3	Liberated Body: Fascial movement through meaning	Burcu Tuncel
Sports & Movement - Moderator Wilbour Kelsick			
11:10 AM	Galerie 5	Fasciategrity Through Choreography	May Kesler
11:40 AM	Galerie 5	The Fascia Code – Are you a Viking or an Elf?	Miriam Wessels, Heike Oellerich
1hr National Association Myofascial Trigger Point Therapists (open to anyone)			
11:10 AM	Galerie 1/2	Functional NeuroMyoFascial Techniques™ for Shoulder Stabilization: Restoring functional movement by activating the lower trapezius	Shannon Goossen

12:10 PM - 1:00 PM Bissonet - Lunch

Timetable - Wednesday, 13 August

Scientific Abstracts - Oral Presentations			
Biomechanics & Imaging - Moderator Mark Driscoll			
1:00 PM	Acadia	Study and Analysis of Murine Fascia Lata by Photonic Sensing in the Context of Muscle Regeneration	Pauline Lombardo, Angélique Rissons, Coralie Sengenès, Corinne Barreau, Amandine Girousse, Arnaud Falguières, Fabien Destic, Hugo Heintz, Timothée Hamant, Lenny Garrigues, Moussa Ndiaye
1:00 PM	Acadia	The Influence of Thoracolumbar Fascia Stiffness on Segmental Mobility and Adjacent Segment Compensation: A Modelling and In-Vivo Investigation	Adi Mithani, Mark Driscoll, Ahmed Aoude
1:00 PM	Acadia	Elastic Tissue Motions Indicate General Motor Skill	Praneeth Namburi, Roger Pallarès-López, Duarte Folgado, Uriel Magana-Salgado, Enya Ryu, Armin Kappacher, Hugo Gamboa, Brian Anthony, Luca Daniel
Clinical Studies & Experimental Research Methods - Moderator Werner Klingler			
1:00 PM	Galerie 3	Ultrasound-Guided Hydrorelease for Common Peroneal Nerve Disorders: A Peripheral Nerve Injection Treatment Approach	Rikiya Itagaki, Kousuke Shiwaku, Hidenori Otsubo, Tomoaki Kamiya, Hiroyuki Takashima, Gakuto Nakao, Carla Stecco, Atsushi Teramoto
1:00 PM	Galerie 3	Cadaveric Biomechanical Study of Fascial Hydrorelease: Saline Injection Into the Fascia	Kousuke Shiwaku, Hidenori Otsubo, Daisuke Suzuki, Carmelo Pirri, Taiki Kodesho, Tomoaki Kamiya, Keigo Taniguchi, Atsushi Teramoto, Carla Stecco
1:00 PM	Galerie 3	Hydrorelease for Residual Pain Following Hamstring Injury - Ultrasound Guided Diagnostic Treatment Using Saline Injection	Daiki Nishikawa, Kousuke Shiwaku, Hidenori Otsubo, Rikiya Itagaki, Hiroyuki Takashima, Gakuto Nakao, Tomoaki Kamiya, Carla Stecco, Atsushi Teramoto

Timetable - Wednesday, 13 August

Scientific Abstracts - Oral Presentations			
Veterinary Studies - Moderator Jan Dommerholt			
2:10 PM	Acadia	Canine Myofascial Kinetic Lines – New Additions to the Human and Horse Lines	Vibeke Elbrønd
2:10 PM	Acadia	The Canine and Equine Lateral Raphe – A Verification and Anatomical Study of Lumbar Fascia Relations and Biomechanics	Mathilde Gad, Julie Mølbæk, rikke schultz, Vibeke Elbrønd
2:10 PM	Acadia	Can Animal Fascial Manipulation Support Healing From Ulcer Problems in Horses?	Justyna Kalbarczyk, Tuulia Luomala
Clinical Studies & Anatomy - Moderator Albert Kozar			
2:10 PM	Galerie 3	Physical Exam (PE) Maneuvers Suggestive for Thoracolumbar Fascia (TLF) Involvement in Chronic Low Back Pain (CLBP)	Nicole Fremarek, Jacob Barnett, David Risov, Jaeda Mattis, Marian Pedreira, Allie Reagan, Cara Satoskar, Faheem Farooq, Dylan Carlson, Per Gunnar Brolinson, Matthew Chung, David Redden, Vincent Wang, Albert Kozar
2:10 PM	Galerie 3	The Impact of Sciatic Nerve Injury on Lower Limb Muscle fascia and Thoracolumbar Fascia: An Observational Study	Xiaoxiao Zhao, Caterina Fede, Carla Stecco, Lucia Petrelli, Carmelo Pirri, Yunfeng Sun
2:10 PM	Galerie 3	Active and Passive Gliding Properties of the Thoracolumbar Fascia (TLF) in Individuals With and Without Low Back Pain (LBP)	Albert Kozar, Georgina Flynn-Smith, David Risov, Nicole Fremarek, Matthew Chung, Jacob Barnett, Jaeda Mattis, Marian Pedreira, Allie Reagan, Cara Satoskar, Faheem Farooq, Dylan Carlson, David Redden, Vincent Wang

Timetable - Wednesday, 13 August

Hands on workshops			
Fascial Approaches - Moderator Tracie Eckel			
1:00 PM	Galerie 5	Layer Palpation Of The Thoracic Fascial Layers For Manual Therapists	Robert Cohen
1:30 PM	Galerie 5	ELDOA - A Targeted Approach to Spinal Health and Postural Optimization	Bryce Turner
Fascial Experience - Moderator Elizabeth Larkam			
1:00 PM	Galerie 6	Fascial Unwinding: Redefining Boundaries and Embracing Complexity	Carol Davis, Sue Hitzmann
1:30 PM	Galerie 6	The Intersection of Myofascial Dysfunction, Emotional Patterns and Chronic Pain	Blake Dennis
Fascia Interventions - Moderator Sue Hitzmann			
2:10 PM	Galerie 6	Teach Me To Run	Wilbour Kelsick
2:40 PM	Galerie 6	Biotensegrity-Informed Movement: Integrating Neuromyofascial Research into Clinical Practice	Michelle Bouvier
Movement - Moderator Gabriel Venne			
2:10 PM	Galerie 5	Exploring Interlayer Motion and Structural Dependencies	Wojciech Cackowski, Torun Kujawsko-Pomorskie
Female Health - Moderator Alison Slater			
2:10 PM	Galerie 5	The pelvic floor integrated in dynamic body alignment	Heike Oellerich, Miriam Wessels
2:40 PM	Galerie 5	Transforming Fascia Therapy with Vibration & Shear Techniques	Sue Hitzmann, Christopher Gordon

Timetable - Wednesday, 13 August

3:10 PM - 3:40 PM Acadia
Panel Discussion: Antonio Stecco, Gil Hedley
Moderator: Robert Schleip

3:40 PM - 4:00 PM Bissonet - Tea Break

Discussion Groups			
Join one of these expert-guided, interdisciplinary discussions exploring big-picture questions and emerging ideas across the fascia field. Choose the one that sparks your curiosity each day.			
4-5 PM	Galerie 5	Fascia as a Sensory Organ: Cultivating Embodied Agency and Wellbeing Through Movement	Karin Gurtner
4-5 PM	Galerie 3	Fascia in Sports, Endurance and Pain	Werner Klingler
4-5 PM	Galerie 6	Fascia as a Medium of Continuity: A Dynamic Approach to Structure and Function	John Sharkey
4-5 PM	Acadia	From Treatment Room to Research Lab: Translating Clinical Insight into Meaningful Research Projects	Robert Schleip

4:300 PM - 6:30 PM A Dialogue with Carla & Antonio Stecco (Galerie 5)
Requires prior registration and a separate fee, go to frscongress.org for registration. Exclusive insights with Fascia Pioneers, in support of The Thomas Findley Fund.

5:00 PM - 5.45 PM Task Force (see Special Congress Events)

5:45 PM - 6.45 PM Special Interest Group (see Special Congress Events)

6:45 PM ONWARDS Hands-On Trade (see Special Congress Events)

7:00 PM - 8.00 PM Networking Lounge (see Special Congress Events)

SOMATIC TOUCH

Advanced Education Courses supported by research and clinical experience...

Dr. Kirstie Segarra,
PhD DOMP BCSI
LMT ERYT CIAYT is a
long time educator
in the field of
bodywork and has
developed a
somatic touch
certification
program that
centers around
supporting clients
with a trauma
informed practice
with PTSD/CPTSD
and more...

☎ 575-770-1274

✉ drkirstietaos@gmail.com

🌐 www.drkirstie.com

🏠 Ranchos de Taos NM 87557



Fascia and Bones: Unpacking the Mystery Podcast
Craniosacral Osteopathic Courses
Basic & Advanced Structural Integration Training
Somatic Touch Online Certificate
Dissection & Movement Courses

Timetable - Thursday, 14 August

AM Movement / Manual Therapy Sessions (optional)			
7:00 am - 8:00 am	Galerie 6	Tina Wang, Rebecca Joyce	Movement/Manual Therapy Hypermobility: Fascia Touch, Breath, and Movement in Treatment
	Galerie 5	Andrzej Pilat, John Sharkey	Manual Therapy The Tactile Science of Fascia: Bridging Therapy with Research.
	Galerie 3	Liza Kimble, Werner Klingler	Movement Shake it off! Fascia the emotional tissue: understanding the link between Fascia and Trauma through neurogenic tremoring.
	Studio 9/10	Anna Rahe	Movement GST Body: Tissue manipulation for cellular remodeling through movement

KEYNOTE PRESENTATIONS			
8:15 am - 8:30 am	Acadia	Scientific Committee	Morning Announcements
8:30 am - 9:00 am	Acadia	Helene Langevin	PRE-RECORDED LECTURE: Taking Fascia Research to the Next Level
9:00 am - 9:45 am	Acadia	Stephen Porges	Fascia, Autonomic Regulation, and the Pathways of Connection: A Polyvagal Perspective
9:45 am - 10:15 am	Acadia	Fabiana Silva	Closing Ceremony & Announcements

11:00 AM - 12:00 PM Task Force (see Special Congress Events)

12:00 PM - 4:00 PM Fascial Anatomy Course (separate registration)

- Histology Lecture
- Ultrasound Imaging
- Delphi Study Discussions

Carla Stecco, Tina Wang, Kyra De Coninck, Shwu-fen Wang, Albert Kozar, Gabriel Venne

POST-CONGRESS WORKSHOPS			
For Congress attendees only. Requires separate payment and registration. Go to frscongress.org for registration			
12.30 PM – 3.30 PM	Galerie 5	Robert Schleip	Fascial Dynamics in Adolescent Idiopathic Scoliosis – Integrating Research with Hands-On Techniques
	Galerie 6	Til Luchau	Inflammation (Hands-On Techniques)

Feedback Survey

Please complete this anonymous survey, you can do this each day, to share feedback about your experience. Many thanks!



JOIN THE FASCIA RESEARCH SOCIETY

Advance fascia science. Connect across disciplines.

The Fascia Research Society (FRS) unites researchers, clinicians, movement professionals and manual therapists to explore and explain the science and clinical application of fascia.

Member benefits include:

- Free fascia-focused webinars and lectures
- Special Interest groups for clinicians and researchers
- Professional development through networking, student and early career scholarships and mentorship
- Timely updates on fascia-related research and clinical innovations

SCAN TO JOIN



fasciaresearchsociety.org



**FASCIA
RESEARCH
SOCIETYSM**



GUIDED SELF-HEALING THROUGH FASCIA AND NERVOUS SYSTEM CARE



Dr. Kelly Davis, PT, DPT, FAAOMPT

Manual Therapy Specialist Fascia Educator Integrative Healer

CLINICAL SPECIALTIES:

Chronic Pain + Hypermobility

Breathwork + Diaphragm Integration

Postural Alignment + Core Awareness

Dr. Kelly Davis
(504) 481-9688
drkellypt@handsonhealthnola.com

Sign up for a virtual
wellness consultation
& learn how to do
self-myofascial
release



gilhedley.com

Dedicated to exploring inner space



Gain access to the **most robust and affordable online library** of integral anatomy teachings and dissections.

Over 300 hours of CE credit, with more continually added.

Join ~ Explore ~ Learn

Study Integral Anatomy with Gil online.

